



Illness Guidelines



CHICKEN POX

There is a long incubation period – 2/3 weeks.

As soon as the child presents with spots which appear as bubbly blisters, your child should be kept at home until all the spots have scabbed over, it is advisable to seek your GP's advice.

DIARRHOEA AND/OR VOMITING

We require that you keep your child at home for a period of at least 24 hours. Please seek your GP's advice, as your child may need treatment for dehydration. It is a good idea to give your child lots of water to drink.



HIGH TEMPERATURE

We will always contact you at work or at home if your child's temperature reaches 38°C (normal temperature is 37°C).

This is because high temperature can be very serious in very young children and it is important to bring the temperature down by giving your child water to drink and taking off most of their clothes to cool their bodies.

CONJUNCTIVITIS

If your child's eyes are red and sore looking, or if they have a discharge, we ask that you seek your GPs advice and ask if it is conjunctivitis.

This condition is highly infectious but very easily treated.

Please keep your child at home until they are better.

